



# YOUNG PARENTS PROGRAM

The Young Parents Program (YPP) is a free service for young pregnant and parenting families (up to age 23, where the age of first pregnancy was 19 years or under) living in the Greater North Brisbane region.

## We can provide support through our Pregnancy and Parenting groups:

Families can meet and connect with other young parents, to learn from each other as they navigate pregnancy and parenthood. They can access information and professional support from a variety of services including midwives and child health nurses.

The YPP team can also come out to homes or other spaces and meet with families individually to talk about what might be important and work on specific goals around parenting and family wellbeing.

## About our service :

- ✓ Voluntary
- ✓ A unique service that provides both case management and group work
- ✓ Focused on supporting families to explore and be the parent they want to be
- ✓ Provides support around parenting and understanding child's needs
- ✓ Helps parents explore the factors that can impact parenting, including relationships, financial factors, and mental health
- ✓ We work alongside families for approximately 6-9 months but regularly review progress, and can be flexible as needed
- ✓ Support families to connect to other services as relevant

The Young Parents Program operates from Monday to Friday 9am to 4.30pm from 12 Emerald St, Kedron 4031 and is a program of Encircle.



## CONTACT US :



07 3357 9944



ypp@encircle.org.au



12 Emerald Street  
Kedron QLD 4501

PO BOX 274  
Kedron QLD 4031