## **Family Support Program**



Encircle's Family Support Program is a free service for families living in the Pine Rivers and Redcliffe areas, with children under the age of 18 years residing in the family home.

The Program provides early intervention support to families to improve child and family wellbeing. This includes families who may be impacted by family relationship issues or relationship breakdown, mental health issues, social isolation, or experiences of emotional or physical trauma.

The Family Support Team provides case management support to assist families to reach collaborative goals. This involves regular outreach visits and phone contact and may also include advocacy and support with other agencies and referral to other services.

Support Program can provide Family support to families for approximately 6-9 months.

Family Support can assist you and your family to:

- Build resilience
- Develop coping strategies
- Enhance parenting skills
- Develop routines and structure
- Explore and improve self-care
- Improve relationships and family connection
- Understand children's development stages and their needs

## **Appointments:**

The Family Support Program operates Monday to Friday 9:00am - 4:30pm by appointment.

**Referral Pathways:** 



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encircle.org.au